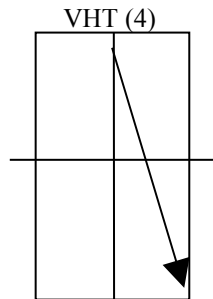
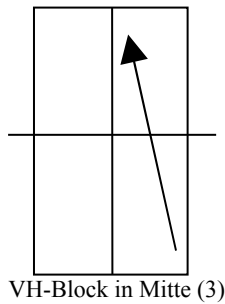
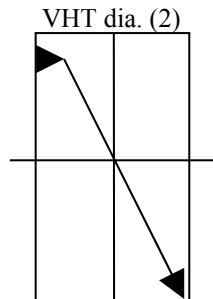
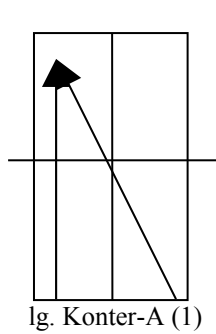
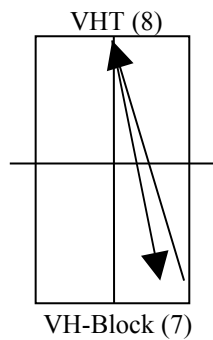
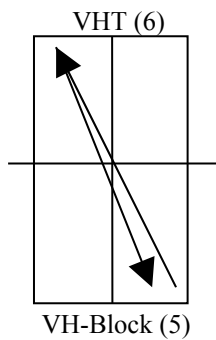


Anfängerbereich – Technik (regelmäßig – dann frei)**2. Durchgang****frei (9)****Wenn 2 Durchgänge zu schwer sind, kann nur bis zum 4. Ball gespielt werden.****Aufschläger**

Lg. Konteraufschlag in VH (1)

VH-Block in Mitte (3)

VH-Block in VH (5)

VH-Block in Mitte (7)

frei (9)**Rückschläger**

VHT dia. (2)

VHT in VH ((4)

VHT dia. (6)

VHT in VH (8)